

Carers NSW Inc



Annual Report 2006–2007





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About Carers NSW

Carers NSW is an association for relatives and friends who are caring for people with a disability, mental health problem, chronic condition or who are frail aged.

It is the peak body for carers in New South Wales and the only state-wide organisation that has carers as its primary focus.

Our vision

Governments and communities recognise, value and support carers.

Our purpose

To lead change and be the voice of carers.

Our role

- Education and training for carers, service providers and communities
- Emotional support and counselling for carers
- Information, publications, resource development and delivery
- Policy development, research and advocacy
- Sector development and systemic change
- Service innovation, development and evaluation

Our values

Respect

We respect the right of carers and the people they support to make choices and determine their own lives.

Diversity

We value the diversity of people and communities and are respectful of, and responsive to, these differences.

Privacy

We respect the privacy of individuals in line with good practice.

Involving carers

We actively involve and listen to carers. Their views guide our policies, advocacy and services.

Indigenous culture and heritage

We respect and value Indigenous cultural heritage and are committed to self-determination for, and reconciliation with, Indigenous people. We acknowledge that Indigenous people are the traditional owners and custodians of our land.

Innovation and learning

We pride ourselves on being innovators and have a commitment to ongoing learning that helps us find better ways to achieve our goals.

Quality and professionalism

As an organisation, we aim for quality, productivity and professionalism in all we do.

Valuing our people

Our effectiveness is dependent on our Board, staff and volunteers and we are committed to their ongoing development and wellbeing.

Future orientation

We are committed to action that results in an improved and more sustainable future – in the health and community care systems and for carers and those they support.



Highlights of 2006–07

1 Launch of the Who Cares? Project

In April 2007 Carers NSW, with partners the Macquarie Bank Foundation and St James Ethics Centre, launched a major research project, *The Ethics of Caring in a Good Society: a National Conversation*, which will examine the ethics of caring in contemporary Australian society (the Who Cares? project).

The Project, a culmination of several years' work for some Board members and Friends of Carers NSW, will be asking the questions: "What is a good society? What is caring? Who is responsible for caring? What does caring look like in a good society?" Focus groups are in progress, and qualitative and quantitative surveys will take place next year with the project expected to be finished towards the end of 2008.

2 Launch of phase two funding of the Family and Carer Mental Health Program

In February 2007, the Honourable Cherie Burton, then Minister for Housing and Minister Assisting the Minister for Health (Mental Health) launched the phase two funding of the NSW Family and Carer Mental Health Program for the South Eastern Sydney and Illawarra area at Shellharbour Hospital. The program is delivered in partnership with the South Eastern Sydney and Illawarra Area Health Service.

3 FICCDAT Conference, Toronto, June 2007

In June 2007, representatives of Carers NSW joined 2000 international delegates at the FICCDAT (Festival of International Conferences on Caregiving, Disability, Ageing and Technology) Conference in Toronto. Carers NSW funded two carers from our carer representative program and two Board members to attend.



1 Julie White, Simon Longstaff, and Laraine Toms at the Who Cares? Project launch



2 The Hon. Cherie Burton, Lylea McMahon MP & Elena Katrakis



3 Australian delegates at FICCDAT



FICCDAT included five distinct conference streams focused on improving the lives of seniors, people with disabilities and their carers through the application of best practices and progressive technologies. Delegates had the opportunity to share the latest information on issues facing ageing populations, people with disabilities, implications for healthcare systems, the roles and responsibilities of family carers and how innovative research findings and technologies are leading to new and practical solutions.

Carers NSW presented three papers highlighting research and good practice in carer education and support including the *Carers' Lifecourse Framework*, original research carried out by Carers NSW as part of our mental health program.

Research was the focus of the conference, a shift from previous International Carer Conferences which had less of an academic focus. It was exciting to see the increasing breadth of research and good practice flowing from that research, all directed at carers' wellbeing. Much was learned by our delegates.

4 Governor General's 2006 Christmas Party

14 young carers aged 8-12 years attended the annual Governor General's Christmas party in November 2006 at Admiralty House, which was followed by a trip to Darling Harbour and the IMAX theatre. The CEO and President of Carers NSW also attended this special event and celebration of services for young people.

5 National Young Carer Summit

The second National Young Carer Summit took place on the Gold Coast at the end of August 2006. Approximately 150 young carers, service providers and government delegates attended from Australia and New Zealand. Carers NSW was represented by 15 young carers aged from 15 to 22 and three staff members.

There was much discussion across four key areas: respite, education, governments and identification. The Summit aimed to develop an action plan to identify hidden young carers, develop young carer friendly



4 Young carers with the Governor-General, Major General Michael Jeffery



5 Young carers and Carers NSW staff at the Summit





practices in the education system, strategies to improve respite flexibility and access (including a review of respite options), and identification of connections and pathways between government and agencies at all levels of government.

Young carer camps 2006–2007

Carers NSW continues to lead the way providing camps for young carers in NSW, including the only young adult carer specific camp in Australia. Camp is a valuable time-out for young carers, allowing them the opportunity to take a break from their caring responsibilities, make friends and learn strategies to support themselves in their caring role.

Three young carer camps took place in 2006-07:

6 Camp Bungarra, July 2006, Canberra/Jindabyne

Camp Bungarra was this year attended by 31 young carers aged 18-25 years. The four night/five day trip took in the sights of Canberra and Jindabyne, with activities including bowling, skiing, a trivia night, and a tour of Parliament House to name a few.

7 Camp Bluegum, October 2006, Springwood

The annual 8-12 years state-wide young carer camp, Camp Blue Gum, was a huge success thanks to the fairy and goblin theme which resulted in a profusion of fairy wings, glitter, warty noses and funny teeth. Young carers had a fantastic time painting plaster casts and collecting friends' autographs on t-shirts, and were able to discuss their experiences in daily Chat Groups.

8 Camp Rathane, April 2007, Port Hacking

57 young carers aged between 13 and 17 attended Camp Rathane this year.

The four night/five day program was jam-packed with cartooning workshops, clay moulding, t-shirt painting and young carer workshops - all of which helped young carers develop skills in self-care, dealing with bullying and planning for the future.

9 10-year anniversary of the first NSW young carer camp

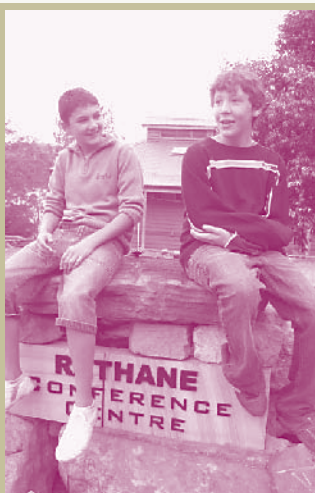
2006 saw the 10-year anniversary of the first NSW young carer camp which was celebrated at a special event at Camp Rathane 2006, a reunion at Bronte Beach, and a photo and website competition.



6 Camp Bungarra



7 Camp Bluegum



8 Camp Rathane



9 Camp reunion



10 Carer panel at the conference



10 Partnerships for Better Health Outcomes conference 2007

Carers NSW hosted its second biannual conference for health professionals in March 2007 which was attended by 300 delegates from health and community services. The conference also saw the launch of the *NSW Carers Action Plan 2007-2012* by Robyn Kruk, then Director-General of NSW Health.

Keynote speakers were Professor Bettina Cass, who delivered a paper on employment, health and wellbeing issues for carers; Dr Jayne Lucke, who gave an update on the Australian Longitudinal Study on Women's Health; and Dr Deanna Pagnini, who presented a paper on the impact of education and training for carers of people with mental health problems. There was also a carer panel facilitated by Dr Norman Swan, and performances by the POST Theatre Group and Older Women's Network.

11 Aboriginal carer communication training

Five Aboriginal carers attended a two-day training workshop in May 2007, where they learnt how to handle media interviews in order to 'tell their story' to the community about Aboriginal carers and the particular issues they face.

Aboriginal people do not readily identify as carers as caring is often seen as a family or even a cultural obligation. Given that information is provided through stories and 'yarning' in Aboriginal culture, it is hoped that helping carers tell their stories through the media will encourage and enable other Aboriginal carers to be recognised, come forward and seek support.

12 Farewell to Fran Appleton

Fran Appleton retired this year after working with Carers NSW for 18 years, during which time she witnessed the association grow from a small organisation of only a few people to the peak body it is today. Staff, Board members and volunteers celebrated Fran's contribution to Carers NSW.

13 CEO becomes honorary custodian of the Sir Roden Cutler Ceremonial Walking Stick

In March 2007 Elena Katrakis, CEO of Carers NSW, attended the Sir Roden Cutler Honorary Custodian Cocktail Reception, where she was announced as one of this year's honorary custodians of the Sir Roden Cutler Ceremonial Walking Stick.



11 Aboriginal carer communication training



12 Fran Appleton (far right) at her leaving lunch



13 Lady Cutler and Elena Katrakis



Board of Management 2006–07

The Board of Management meets monthly, and is responsible for the strategic and policy directions of Carers NSW to ensure it achieves its aims for carers. It reviews standards, policies and procedures in accordance with the constitution, and is financially and legally accountable for use of funds.

There are 13 Board members, including four office bearers, with provision for up to three co-opted members. The Board operates a Finance Committee and time-limited working groups on a number of issues.



Laraine Toms

President

Member of the Finance Committee

Laraine Toms is a carer with a background in education who has extensive experience as a carer advocate and educator in mental health and more recently in aged care. She has been on the Board of Carers NSW for six years, is co-chair of the NSW Mental Health Priority Taskforce and member of the NSW Health Care Advisory Council. Laraine represents Carers NSW on various state and federal government working parties.



Jim Warren

Treasurer

Chair of the Finance Committee

Jim Warren was born in Fiji, educated in New Zealand and spent his entire working career, including 25 years as a partner, with Price Waterhouse/PricewaterhouseCoopers. During his more than 42 years with the firm Jim lived and worked in four countries and undertook assignments in more than 20 others. He has considerable experience as an auditor and consultant to not-for-profit organisations including the YMCA, Bible Society of Australia and Care Australia. Jim has served on the Boards of the Australian Institute of Management and Australian Institute of Company Directors and is currently on the Board of the Walsh Bay Precinct Association. Jim joined the Board of Carers NSW as a co-opted member in November 2006 and was appointed Treasurer in 2007.



Pam Webster

Vice-President

Member of the Finance Committee

Pam Webster is a former carer and has been a Board member since 2000. In November 2005 she was elected as the Carers NSW representative on the Board of Carers Australia. Pam worked in health and welfare areas for over 22 years in management, research, evaluation and policy development. She represents Carers Australia on the Australian Institute of Health and Welfare (AIHW) National Centre for Monitoring Arthritis and Musculoskeletal Conditions.



Felicity Purdy

*Honorary Secretary
Member of the Finance Committee*

Felicity Purdy is a former carer, and has worked with children and adults with disabilities, their families and services for almost 40 years. She is a life member of National Disability Services and holds a number of voluntary and advisory positions concerned with health and severe disability. She has been a member of the Carers NSW Board for eight years.



Steve Anthony

Member of the Finance Committee

Steve Anthony is a former Treasurer of Citibank. He worked in foreign exchange and derivatives from 1982 until 1996 including two and a half years in Tokyo. He is an economics graduate from Sydney University, holds a Postgraduate Certificate of Education from Cambridge University, and is the author of *Foreign Exchange in Practice*. Steve has an 18-year-old son with autism and has been actively involved in the establishment and operation of Giant Steps, a school for children with autism, over the past 12 years.



Michelle Dellagiacomma

Michelle Dellagiacomma is a carer, and works as a strategic planner with the state government. Michelle is a Board member of the cabinet-appointed Disability Advisory Council; a member and advocate on a number of parent groups; a coordinator of the NSW branch of the Association of Children with a Disability; and the founding member/facilitator of a family support group.



Averil Fink

Averil Fink has a long association with many community organisations, including Council on the Ageing, Beehive Industries and Meals on Wheels, and is on the Board of the Retirement Villages Association. She has been involved with carer associations for more than 28 years. Averil cared for her husband who died of a brain tumour in 1997. She received life membership of Carers NSW in 2000.



Dulcie Flower

Dulcie Flower is a Torres Strait Islander who joined as a co-opted member in November 2005. She is a registered nurse and educator, and has worked in Aboriginal health for many years. She has represented Aboriginal and Torres Strait Islanders on many committees and advisory groups, including the Ministerial Advisory Committee and National Diabetes Strategies Group. In 2004 she was elected to the Board of directors of the Aboriginal Medical Service Co-op Ltd Redfern.



Louise Gilmore

Louise Gilmore is a family carer, journalist, author of *The Carer's Handbook* (1995), and a lecturer at a college of natural therapies. She has been a member of Carers NSW for 13 years and was President for seven years. She was the New South Wales representative on the Board of Carers Australia for seven years and served three years as national President.





Sara Graham

Sara Graham, a former carer, has been a member of the Board of Carers NSW for eight years. She has served on the NSW Home and Community Care State Advisory Committee and currently serves on the Aged Care Working Group of the Council on the Ageing (NSW). She is a founder member of the Advance Care Directive Association (Inc), and is an honorary research associate at the University of NSW where her research interests include the evaluation of community support services.



John King

Member of the Finance Committee

John King worked as a chartered accountant with Price Waterhouse, now PricewaterhouseCoopers, for his entire professional career. Since his retirement he has worked in a voluntary capacity to provide financial expertise to the Brain Foundation and Sydney Day Nurseries Association.



Sarah Lawrance

Sarah Lawrance joined the Board as a co-opted member in November 2005. Her career has spanned 20 years of commercial experience in large and small businesses in the public and private sectors. She currently works in the financial sector managing alliance relationships. Her skills include: people management, effective communication, financial management and business development.



Christine Rowell

Christine Rowell joined the Board as a co-opted member in November 2005. Christine trained as a school teacher and taught in WA and NSW, then worked in the travel industry from the mid 1970s until the mid 1980s. She then moved to AFS Intercultural Programs, where she worked with volunteers in the selection and placement of young Australians. In 1993 she graduated with an MBA from Macquarie Graduate School of Management, before joining CanTeen in 1994 where she held the position of chief executive officer for nine years. Christine is a fellow of the Australian Institute of Company Directors and has a keen interest in corporate governance in community businesses.



President's report

It is a privilege to be writing my first report as President of Carers NSW. Last year our President, Louise Gilmore, wrote about change being the defining feature of that year. This reporting period has been even more dynamic as Carers NSW responds to further change with growth in carers' needs and rising government and community expectations of us. Our determination to remain of real support to carers and relevant to governments and communities has meant that we have all, Board, staff and volunteers, worked hard to meet the challenge to grow and change and continue to ensure that the carer's voice is heard by all decision makers in government, community and business.

Of course such change is never easy and there are many to thank for enabling Carers NSW to emerge stronger than ever. We are indebted to Louise Gilmore for her outstanding guidance as President over the past seven years, the Carers NSW Board for its vision for the future and action to ensure that vision is realised, and our staff who continue to be inspirational and committed while delivering new programs and dealing with ever more complex calls from carers for help. Our volunteers' contribution is incalculable. We literally couldn't manage without them. Our members' support and encouragement provides us all with motivation to continue to build awareness and recognition of carers and their needs, and to improve the range of services, systems and supports available to them. Friends of Carers NSW continue to be generous with their time and advice.

In October 2006 we welcomed our new CEO, Elena Katrakis, who has a clear understanding of what our organisation needs to achieve in the future to serve



Laraine Toms
President

carers better. We look forward to her ongoing leadership as she builds on our success of the past.

In November we farewelled with regret our long-serving Board member, Jenny Webb. We welcomed two new Board members, Jim Warren and Steve Anthony, who bring with them extensive financial and business experience. John King stepped down as Treasurer and we thank him for his valuable contribution to the organisation. Jim Warren has taken on the role of Treasurer.

The past year has seen the Board support significant initiatives within the organisation to ensure we meet government and legal requirements, including a new accounting system. New offices have been opened state-wide. A Marketing and Communications Unit has been established with Board support to ensure we reach more carers and provide the information they need as well as raising the profile of carers to the community and governments. A full-time Financial Manager has been appointed to manage the increasing financial complexities of our organisation.

During this reporting period Carers NSW worked to ensure all candidates for the state election were provided with information about carers and advice on carer policy appropriate to their constituents and/or portfolio. After the election Elena and I visited all ministers and shadow ministers with responsibility for portfolios affecting carers' lives, to build on the good relationships already established and to



begin new relationships. I am pleased to report that all responded with keen interest to our concerns about carers.

Funding for our program for carers of people with a mental illness has been significantly increased by the NSW Department of Health and this will increase the numbers of staff and offices in the three area health services we serve.

In March 2007, as one of our key responsibilities as a peak body, we held a very successful conference in Sydney for health professionals.

In April 2007, Carers NSW, with partners Macquarie Bank Foundation and St James Ethics Centre, launched a major project *'Who Cares?' The Ethics of Caring in a Good Society: national conversation, national action*. As you know, we have an ageing population and an increasingly aged carer population, it is a worldwide trend. However, no nation has engaged in a national conversation to determine the way forward. This world-first research project, funded by the Macquarie Bank Foundation, has the potential to influence and shape caring in the future.

Carers NSW has long been concerned about the plight of older parent carers. In June 2007, the Department of Ageing, Disability and Home Care (DADHC) granted us funding of \$4.8 million over two years to develop and implement services and resources for older parent carers. Our Older Parent Carer Planning for the Future Project (PFF) details activities to be achieved by Carers NSW in relation to older parent carers (aged 65 years and over) with a son or daughter who is living with disability. The project has been funded to provide referral, information and intensive case management and to develop information resources.

Carers NSW will partner with a number of important organisations on the PFF

Project. In Orana Far West, the project will be delivered in partnership with Catholic Care. PFF will also publish and distribute information resources for Older Parent Carers in partnership with the Council on the Ageing (COTA).

In June 2007 in Toronto an international conference on caregiving, ageing, disability and technology was held. Carers NSW sent four representatives who presented three papers highlighting our world first research into the Carers' Lifecourse Framework, our programs targeting isolated carers in rural and regional areas and our carer representative training program.

In March this year the Board conducted a retreat for Board members facilitated by an experienced consultant to update our governance skills and develop a new governance policy and strategic direction for Carers NSW taking into account the increased expectations and funding provisions.

There is much more to do in order to reach and support growing numbers of carers. We thank all who through their support of us enable us to keep being the voice for carers.



Board retreat



Friends of Carers NSW

Friends of Carers NSW help our organisation by contributing their time and skills, not money. They assist in strategy development and decision making by supplementing the knowledge of the staff and Board. This might be through the provision of legal advice, or ideas on how to raise our profile and increase our networks. Friends do not play an active role in day-to-day operations but act as honorary consultants to the Board.

Friends of Carers NSW are drawn from a wide range of sectors, including the arts, financial services, health, legal and media.

Carers NSW is extremely grateful for the advice given and active participation in our endeavours by the following Friends of Carers NSW:

- Dr Tom Acheson, director of the Hornsby Ku-ring-gai Care Association
- Emeritus Professor Peter Baume, Chancellor, The Australian National University
- Ms Jennifer Bott, CEO, Australia Council for the Arts
- Professor Tony Broe, Professor of Geriatric Medicine, University of NSW/Prince of Wales Hospital
- Ms Anne Deveson AO, writer, broadcaster and documentary film-maker
- Dr Ian Fitzpatrick, retired medical practitioner
- Mr Michael Fitzpatrick, solicitor and barrister
- Mrs Patricia Harrison, client advisor/stockbroker
- Professor Ian Hickie, executive director of the Brain & Mind Research Institute, Sydney University and consultant to the national depression initiative beyondblue
- Ms Robin Hughes AO, producer, writer, director and interviewer
- Mr Paul Livingston, entertainer and writer
- Ms Julie McCrossin, radio broadcaster and television presenter
- Mr Ross McLuckie, solicitor
- Mr Charles G. Mendel, solicitor
- Mr Richard Ottley, solicitor
- Ms Vivienne Pusey, manager, aged care services
- Associate Professor Robin Stonecash, senior lecturer, University of NSW
- Mr Chris Taylor, accountant and financial planner
- Emeritus Professor Ian W. Webster AO, physician, Professor of Public Health and Community Medicine, University of NSW



CEO's report

This year, Carers NSW has seen much movement, change, and opportunity in the organisation itself, but also most importantly, for carers across the state, and nationally.

I joined Carers NSW as CEO in October 2006, just as the organisation had celebrated Carers Week 2006; was preparing to submit a proposal for the expansion of the regionally delivered Family and Carer Mental Health Program; was embarking on a new structure and growth; was about to pilot an innovative carer representation workshop and program; and was involved in the Network of Carers Associations in the development of a range of nationally focused initiatives.

The evidence, both nationally and internationally, is overwhelming... the need to recognise, support and tailor specific responses to meet the diverse needs of carers is well documented. Carers NSW and the Network of State and Territory Carers Associations have a unique and responsible role to ensure that these needs are met. The commitment and drive is here in the organisation, and sits with its CEO, Board, staff, volunteers, members, Friends, and across the Network. The challenge is in how to represent and support these needs, to fulfill the role of a state-wide peak body which continues to grow and evolve, and to be there for our members and carers.

In coming to Carers NSW it has been evident to me that the development of diverse, strong, strategic partnerships provides the foundation to meet this challenge.

Carers NSW is at a pivotal point as it moves forward. The 12 months that have just passed have provided time for reflection and change, to undertake the important work of the next 12 months.

This year Carers NSW has farewelled some longstanding staff members. Specifically, Kathy Wood and Fran Appleton, after many years with the organisation have left to further other opportunities. Both have been dedicated, committed women who have given much to the direction and role of Carers NSW and to supporting staff, members, the Board and volunteers.

The last 12 months have also seen many achievements and opportunities. In March 2007, the *NSW Carers Action Plan 2007-2011* was launched. The Action Plan signals a strong commitment from the NSW Government to carers and provides five key areas for action across government. This, together with the NSW State Plan, *Stronger Together and Better Together*, sees the provision of significant frameworks for the provision of services and support for carers, and the people they care for. Carers NSW is involved in the implementation of these plans and programs and looks forward to the next 12 months of consolidation and learning from the initiatives.

Our Ethics of Caring project, in partnership with the Macquarie Bank Foundation and the St James Ethics Centre, commenced in April 2007 and demonstrates the value and breadth of our partnerships. This project, which provides a basis for a national conversation about caring from a diverse mix of participants and stakeholders will roll out over the next 12–18 months and provide us with a key focus for the future.

Our Carers in the Workforce consortium is another example of partnerships providing the foundation for future responses and where our Friends of Carers NSW provide their valuable time and expertise. Professor Robin Stonecash has enabled this project

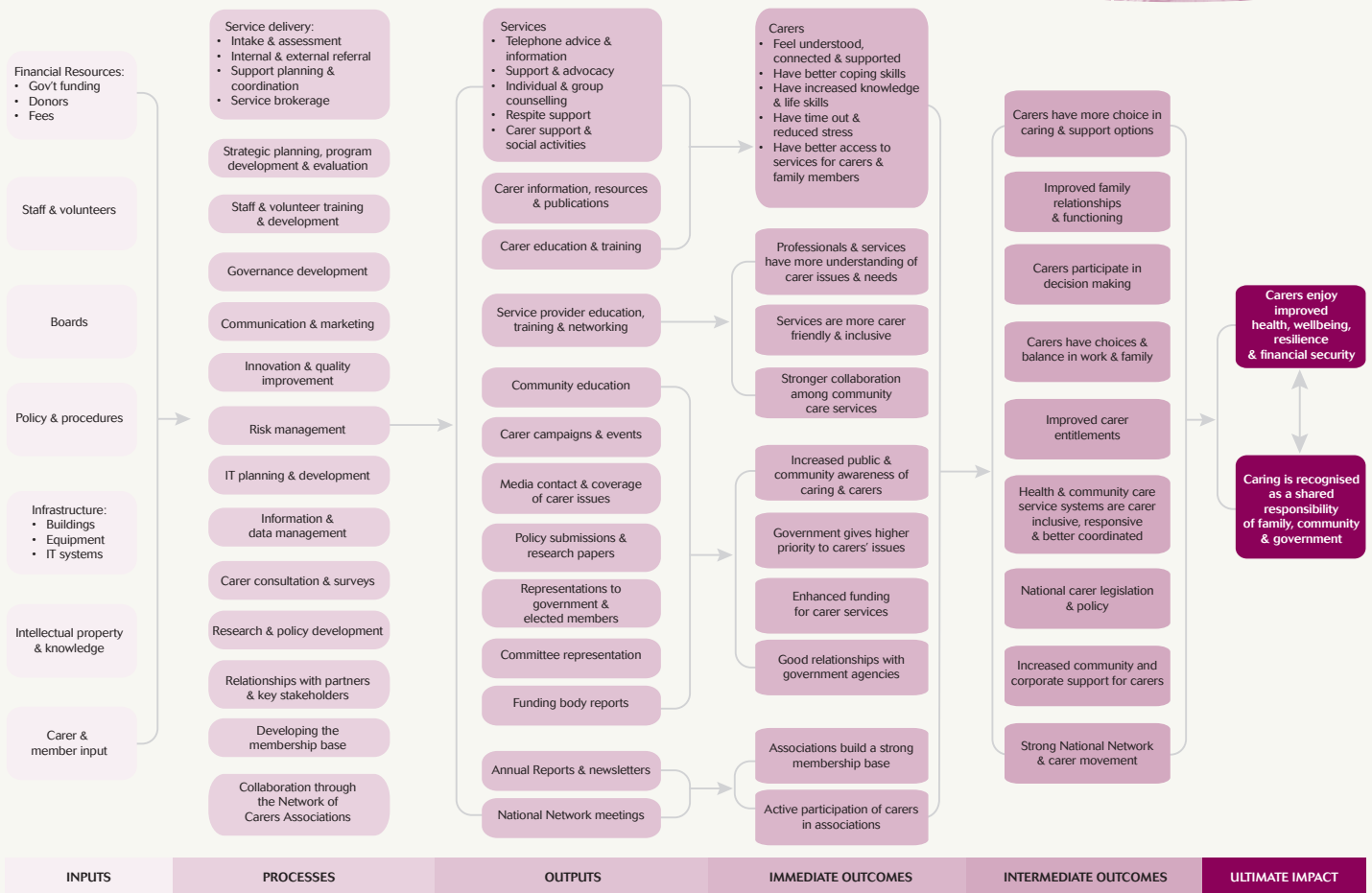


Fig 1. Network of Carers Associations Program Logic Map © Carers Australia

to have a strong evidence base and again inform our work and direction to assist and promote the diverse needs of carers.

Other significant research projects are in the submission/development phase, with partnerships and work with a range of universities continuing in order to build an evidence base to progress specific work on particular population subgroups of carers. We look forward to the outcome of this work to inform our future directions to meet the diverse needs of carers.

As CEO I have the opportunity to meet regularly with the CEOs of the other state and territory carers associations. One of the significant areas of work has been the development of program logic to articulate and define our work across the associations. Building on this, work has been done to develop a Guide to Good Practice to further assess and define the competencies and key components of our work nationally to ensure

consistency and most of all quality service provision to carers.

Our business planning processes for next year are well underway and our future direction as a peak body, with joint commitments across our peak funders signal new directions and challenges which as an organisation we will step up to meet.

It is with great expectation and excitement that I look to the future to take Carers NSW and staff forward, to work with a committed and strong Board, and to continue to grow, develop, learn and improve in our support, commitment and service provision to carers.

Elena Katrakis
Chief Executive Officer





Carers NSW activities

Carer services

Carers telephone Carers NSW for information, referral to community service providers and emotional support. The number of calls from carers has increased from 14,738 in 2005/2006 to 17,751 this year.

Our ability to respond to this increase has been facilitated by the implementation of a new 'call centre' system to ensure a more efficient and responsive service for carers, and a new call monitoring system.

An ongoing challenge for the Unit is working on implementing the new model of streamlined service delivery for carer advisory, support and counselling services. Carer associations in each state and territory have a key role in referring carers for professional counselling through the National Carer Counselling Program (NCCP) and for specialist advice.

Recognising the complex task ahead and the need for stronger partnerships, a Memorandum of Understanding has been developed with the NSW-based Commonwealth Carelink and Carer Respite Centre state managers which has seen the formation of a joint working party to look at implementing the new service delivery model.

To progress the new model a national streamlining and good practice workshop, attended by carer associations and Commonwealth Carelink and Carer Respite Centre representatives, was held in April 2007 by the Australian Government Department of Health and Ageing.

In 2004 the Australian Government Department of Health and Ageing published the report, *A New Strategy for Community*

Care – The Way Forward, which outlined a broad national framework to support and guide reform and improvement, and forms the basis for the new model of service delivery.

National Carer Counselling Program

The National Carer Counselling Program (NCCP) offers short-term counselling to help carers develop coping strategies to manage stress, enhance wellbeing and deal with grief and loss issues.

Although there has only been a slight increase in referrals to the service over the year: 934 in 2006/2007 versus 916 in the previous year; the nature of the calls has become more complex. A large number of carers are now utilising the service to deal with multiple issues such as depression, financial difficulty, family breakdown, parenting difficulties or health problems.

The waiting list for counselling was reduced this year thanks to one-off funding from the Australian Government Department of Health and Ageing to Carers Australia. The waiting time for a carer being referred, assessed and attending a counselling session now fluctuates between two and six weeks. Carers in crisis or at risk are given priority.

Young Carer Project

The Young Carer Project provides information, support and referral for children and young people under 26 years caring for someone with a long-term illness, disability, mental health problem, or drug or alcohol problem. Caring for a family member can be a rewarding experience, but for many young carers providing care with little or no support, it can also be a challenge.



“Carers NSW... you have done it again. Camp was fantastic, thank you so much for the opportunity for a break and for an action packed weekend of relaxing, fun, good times and laughter. Thank you for being there for us. We couldn't do it without you.”

Young adult carer, 2007

The Young Carer Project provided young carer camp places for 145 young carers aged between 8 and 25 in 2006/7 while many other young carers across NSW attended camps, activities and events supported by Carers NSW and coordinated by other organisations. A prime function of the project is building capacity and providing support to networks who wish to develop expertise and services for young carers.

The Carers NSW Young Carer Club continues to attract new members from across NSW, with 275 joining in the 2006/7 period. Membership provides young carers with a hard copy newsletter containing information about services, support and upcoming activities. Young carers also continue to join the young carer on-line community with the young carer e-newsletter sent out to 233 online members and 218 subscribers monthly.

The most notable variation in service delivery has been the growing number of young carers interacting with each other and young carer project workers via the Carers NSW young carer website. In the last year, the number of visitors to the website increased from 26,847 to 49,113 per annum. Improvements were also made to the website, which included a revamp of the member section, discussion board and content management system.

Regional Mental Health Unit

The past year has seen the continuous growth of the Regional Mental Health Unit. Phase one of the NSW Family and Carer Mental Health Program commenced in three health service areas: South Eastern Sydney and Illawarra, Greater Western and North Coast, with offices opening in Bulli, Wauchope, Alstonville and Dubbo.

In April 2007 Carers NSW received further program funding of \$375,000 per year per area for three years. This gives Carers NSW an opportunity to further expand its presence in regional NSW, and new offices are being established in Coffs Harbour, Nowra, Tweed Heads and Broken Hill. The aim is for each office to be staffed by an education and training officer and a support and advocacy officer, to provide a more accessible, friendly and customised service for carers and families. The challenge continues to be recruitment of staff in regional and rural NSW to ensure the delivery of high quality support and education for carers of people with mental health problems.

An integral part of the Program is Carers NSW' partnership with the three area health services, which underpins its success by providing a source of referrals to the program and assisting in building family-friendly mental health services. We are also developing and maintaining new



partnerships with a range of important local stakeholders including carer support groups and community organisations.

Another significant partnership is the NGO Link-Up with ARAFMI, Carer Assist and Uniting Carer Mental Health; organisations which deliver similar programs in other NSW health service areas. We are jointly involved in training, sharing ideas, resources and data collection to ensure consistency in service delivery across the state.

Our new carer education program, *Carers NSW Foundations - an education program for families and carers of people with mental health problems*, was developed in December 2006. This was the result of the hard work of many staff members, who, in collaboration with Dr Deanna Pagnini, were determined to offer carers and families a positive and useful introductory education program. Since it was piloted for the first time in Orange in early 2007, 79 people from our three funded areas have participated, with many more carers and families expected to attend planned programs in the future.

Education and training

The Carers NSW conference, *Partnerships for better health outcomes: carers and professionals working together*, took place in March 2007. Funded as an initiative under the NSW Carers program, the two-day conference gave health and community care professionals working with carers across the state the opportunity to share their knowledge, experience and wisdom while learning more about the best ways to provide support to carers.

In 2006–07 the Education and Training Unit conducted a total of 54 training sessions: 20 sessions in rural areas and

34 in metropolitan areas, attended by a total of 335 carers and 454 service providers and health professionals.

Several projects were completed this year. The first, with Uniting Care Ageing Sydney, developed and piloted education for carers and staff in residential aged care facilities. The second, run in partnership with South East Sydney Commonwealth Carer Respite Centre, provided education courses in a home palliative care setting for service providers and carers in South East Sydney.

The Working with Carers Training Project was also completed this year, which saw a DVD and CD-ROM developed and piloted for distribution to all Department of Ageing, Disability and Home Care (DADHC), home care and DADHC-funded NGO services to train staff in working with carers.

A joint initiative with the Muscular Dystrophy Association of NSW and the Association of Genetic Support of Australasia saw the development and delivery of the Working with Carers from Culturally and Linguistically Diverse (CALD) Backgrounds Project which aims to build the capacity of service providers to work with CALD carers.

New resources developed this year include the education programs Representation and Participation and Caring for a Parent as They Age for carers and Understanding and Supporting Carers for service providers. Two new carer fact sheets were created: *Food for Good Health* and *Feeling Good About Yourself*.



Key policy activities 2006-07

The Policy Unit of Carers NSW was engaged in a wide range of policy development and analysis over 2006-07. Some of the key achievements included:

- Response to the state government's draft strategy *Healthy people 2010: the population health plan for NSW*.
- Response to the Exposure Draft Mental Health Act Bill, highlighting the issues for carers in NSW regarding this legislation.
- Recommendation that carers be included in discussion papers of the Mental Health Consumer Perception and Experience of Services (MH-CoPES) project. This would ensure their role is recognised by the health care team, and allow carers to give feedback on services and work with other stakeholders to effect change.
- Comment on the Mental Health Coordinating Council (MHCC) discussion paper, *Mapping the Difference We Make*. Carers NSW argued that key strategies of any evaluation system for mental health consumer programs should include outcomes for carers and care partnerships.
- Response to the NSW draft inter-agency protocols on the abuse of older people, on the issues that carers face and the need to provide better and timelier responses to informal carers.
- Response to the NSW Government's draft state plan, *A New Direction for NSW*, in which Carers NSW argued that the Government's challenge is the establishment of a comprehensive, affordable and balanced long-term care system that meets the needs of persons who need care and their carers.
- Proposal for a NSW Carer Card, which if implemented would improve recognition and financial outcomes for carers and increase their ability to participate in community life.
- Response to a discussion paper on accommodation support options for people with intellectual disabilities from culturally and linguistically diverse backgrounds, highlighting the need to identify carers and their needs for support.
- Published several articles in the *Health Issues Journal* focussing on carers:
 - *Carers in the workforce: towards healthy public policy*
 - *The Carer Life Course Framework*
 - *Supporting and educating carers in palliative care*
- Submission to the review of the *National Standards for Mental Health Services* conducted by the Australian Council for Healthcare Standards.
- Presentation of the paper, *Re-conceptualising Respite: key issues and future directions*, at the 2007 National Disability Services NSW Conference.
- Developed the NSW state election campaign, *Anyone, anytime: better support for carers*, which focussed on the need for better investment in carers.
- Presentation of the paper, *Living, caring, working: policy responses to the shrinking workforce and ageing population in Australia* at the Centre for Public Policy Conference.
- Written and oral submissions to the Inquiry into the Home and Community Care (HACC) Program, conducted by the Public Accounts Committee of the NSW Parliament Legislative Assembly. A number of our recommendations, specifically about supporting Aboriginal carers, were included in the Inquiry's report.



Aboriginal carer support

The major project this year was the Diabetes Education Program, developed in response to the health concerns of Aboriginal carers and delivered in partnership with Penrith Aboriginal Catholic Ministry, Diabetes Australia NSW and Western Sydney Area Health Service. 11 Aboriginal carers participated in the six week program which covered nutrition, exercise, staying healthy and the benefits of education. Weekly checks of blood pressure, weight, body mass index, blood glucose level and height were conducted, with carers learning a great deal about caring for their health.

Carers NSW Aboriginal staff ran several carers' information stalls this year to reach out to Aboriginal carers in the community. At the Australia Day Yabun Survival Festival in Sydney we handed out over 300 Aboriginal and Torres Strait Islander kits to carers, while in July, at the NAIDOC Family Day celebration, we distributed 600 Aboriginal and Torres Strait Islander carer kits and other resources to carers.

The Carers NSW Aboriginal carer coordinator participates in various government and non-government committees year-round to ensure Aboriginal carers are considered and included in future planning. Carers NSW continues to focus on ensuring Aboriginal carers and communities are aware of and have access to all projects and activities that are available for general carers. This is primarily done through sharing stories within the Aboriginal culture, which allows carers to encourage other Aboriginal people providing care at home to family or friends to recognise their role and ask for support. Aboriginal people do not readily recognise the caring role because it is seen as a family or even a cultural obligation.

In response to this, Carers NSW organised a two-day communication training workshop in May 2007, where Aboriginal carers learnt

how to handle media interviews in order to 'tell their story' to the community about Aboriginal carers and the particular issues they face.

Marketing and Communications Unit

In March 2007 a new Marketing and Communications Unit was established to increase awareness of the organisation, and improve the style and relevance of marketing communications to our stakeholders.

Our external publications have undergone a number of changes. *Carers News* is now a full colour, 16 page bi-monthly publication with regular sections designed to tie-in with our soon to be redesigned website. Swaab Attorneys and Clarendene Estate Lawyers kindly provide specialist pro-bono legal information for the new 'legal eagle' section while the Public Trustee of NSW shares their expertise on estate planning with carers. We have extended the distribution of *Carers News* with an electronic version being emailed to our brokered counsellors' network and Commonwealth Carer Respite and Carelink Centres to increase awareness of carer issues amongst our close working partners and keep them up to date with new developments.

Our young carer publications continue to be popular with *Young Carers News* now distributed to 3000 carers per quarter; a 10% increase over the past year. Similarly, subscriptions to its electronic counterpart, *YC E-News*, have almost doubled over the past year.

Our electronic publication for professionals working with carers, *e-bulletin*, has been redesigned to improve its appeal and functionality, and distribution increased to bi-monthly from quarterly. *e-bulletin* focuses on research, policy and best practice on topics affecting carers including



employment, health and wellbeing and legal and financial issues.

We have been constantly reviewing and improving the quality and breadth of information on the Carers NSW website with new sections such as 'Talk it over', 'What's on' and carer support group details added, while other sections have been revised and updated. A new measurement tool has been implemented to allow accurate monitoring of usage and performance of the site.

This website will shortly be replaced by a new national website, which is currently being developed in consultation with carers and the Network of Carers Associations. It is expected to go live in early 2008.

Carer Participation and Representation Program

In November 2006, in response to increased requests for carer representatives to participate in policy and service development, Carers NSW developed the Carer Participation and Representation Program.

The aim of carer participation is to increase the level of carer satisfaction with health and community services, by giving carers a voice in policy and service development, implementation and evaluation.

13 carers took part in the program, which ran over three days and included sessions on participation, ethics and effectively representing the diversity of carer perspectives. These trained carer representatives are now doing a wonderful job being the voice for carers by participating in a range of activities from sitting on committees to radio interviews and conferences.

"Since completing the Program I have joined the National Mental Health Carer and Consumer Forum (NMHCCF), as a carer representative on a subcommittee looking at welfare to work legislation and its impact on carers and consumers.

This year I was chosen for the National Register of Consumers and Carers Program (NRCCP), which provides further training and opportunities in carer representation nationally. Recently I was selected to be a carer delegate to the World Psychiatric Association International Congress being held in Melbourne in November 2007.

I am very grateful to Carers NSW for their encouragement and mentoring as I continue to learn skills and apply them to improve circumstances in Australia for mental health carers."

Eileen McDonald, Carers NSW carer representative



Financial statements

CARERS NEW SOUTH WALES INCORPORATED FOR THE YEAR ENDED 30TH JUNE 2007

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Financial highlights

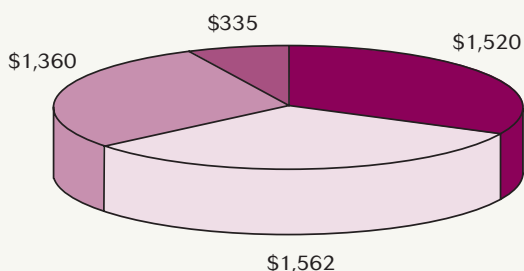
The financial operations of Carers NSW Inc recorded a deficit in the General Fund this financial year. This deficit has highlighted the funding depletion and increased costs in program delivery over several years. The Carers NSW Board will continue to work with relevant government agencies, both state and national, to ensure adequate funding for carer services.

The pie-charts below illustrate the program and other funds received and applied during the financial year. The New South Wales State Government through a range of departments funds approximately 61% of the activities of our organisation.

Jim Warren
Treasurer

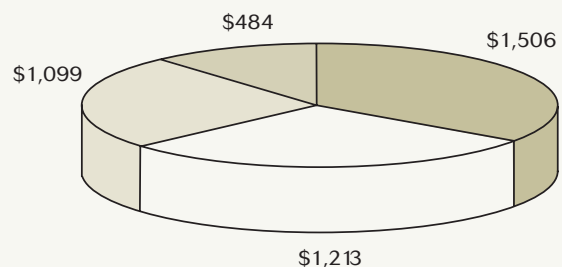
SOURCE OF FUNDS (\$'000)

- Australian Government through Carers Australia Contracts
- NSW Health Department
- NSW Department of Ageing, Disability and Home Care
- Other funding



APPLICATION OF FUNDS (\$'000)

- Australian Government through Carers Australia Contracts
- NSW Health Department Programs
- NSW Department of Ageing, Disability and Home Care Programs
- Other funding



INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF
CARERS NEW SOUTH WALES INCORPORATED

REPORT ON THE FINANCIAL REPORT

We have audited the accompanying financial report of Carers New South Wales Incorporated, which comprises the balance sheet as at 30 June 2007 and the income statement for the year ended on that date, a summary of significant accounting policies and other explanatory notes and the explanatory notes and the statement by members of the committee.

COMMITTEE'S RESPONSIBILITY FOR THE FINANCIAL REPORT

The committee of the association is responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the Associations Incorporation Act of New South Wales 1984. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

AUDITOR'S RESPONSIBILITY

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

INDEPENDENCE

In conducting our audit, we have complied with the independence requirements of Australian professional ethical pronouncements.

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CARERS NEW SOUTH WALES INCORPORATED
STATEMENT BY THE BOARD OF MANAGEMENT

In the opinion of the members of the Board of Management:

- a) the accompanying Income and Expenditure Statement, pages 1 to 17, are not misleading and is drawn up so as to present fairly the results of the Association for the financial year ended 30 June 2007.
- b) the accompanying Balance Sheet is not misleading and is drawn up so as to present fairly the state of affairs of the Association as at the end of the financial year.
- c) At the date of this Statement there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

The accounts of the Association have been made out in accordance with accounting policies as set out in Note 1.

On behalf of the Board of Management:


.....
President


.....
Hon. Treasurer

27 SEP 2007



CARERS NEW SOUTH WALES INCORPORATED
BALANCE SHEET AS AT 30 JUNE 2007

ACCUMULATED FUNDS	NOTE	2007(\$)	2006(\$)
Balance 1 July 2006		855,072	588,108
Surplus/(Deficit) for the period		(151,818)	266,964
Balance 30 June 2007		703,254	855,072

REPRESENTED BY:

CURRENT ASSETS

Cash at Bank	6	108,803	123,120
Receivables	5	212,020	74,869
Cash on Hand		2,450	500
Prepayments		30,171	–
		353,444	198,489

NON CURRENT ASSETS

FIXED ASSETS

Office Equipment		55,845	13,279
Less: Provision for Depreciation		(5,503)	(12,882)
		50,342	397

INVESTMENTS

Cash at Call & Fixed Term deposits		4,235,170	1,757,896
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TOTAL ASSETS		4,638,956	1,956,782
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CURRENT LIABILITIES

GST Payable		310,645	71,104
Trade creditors & accruals	3	272,146	263,761
Grants in Advance	4	3,093,414	502,605
Membership in advance		5,460	7,150
Specific donations	7	88,960	100,000
Provision for Leave Pay		165,077	157,090
		3,935,702	1,101,710

NET ASSETS		703,254	855,072
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CARERS NEW SOUTH WALES INCORPORATED
**STATEMENT OF INCOME & EXPENDITURE
 GENERAL FUNDS FOR THE YEAR
 ENDED 30TH JUNE 2007**

INCOME	2007(\$)	2006(\$)
Consultancy Fees & room hire	2,419	44,017
Donations – general	28,933	221,728
Interest Received	86,126	61,932
Membership Subscriptions	23,085	29,105
Newsletter Advertising	521	400
Sale of Publications/Merchandise	9,294	24,411
Fee for training activities	5,870	4,197
	156,248	385,790

LESS: EXPENDITURE

AGM/Clare Stevenson Lecture/Board meetings	11,825	9,368
Audit fees	–	500
Board expenses, governance, travel	4,499	173
Consultancies	8,265	20,220
Donation	200	–
Election campaign	8,848	1,000
Employee related costs	168,957	6,794
Marketing consultancy & expenses	20,931	12,073
Equipment & maintenance minor	16,884	–
Insurance	–	250
Motor vehicle expenses	6,488	–
Office rent	–	70
Printing/photocopying/postage	–	233
Promotional Materials & P R Services	21,184	5,266
Purchase of Resources & library resources	6,858	13,982
Subscriptions/Membership	–	1,000
Training expenses	4,088	–
Transfer of Operation Deficit from Grants	18,053	44,482
Overseas conference	4,315	–
Carers expenses	6,112	–
Young Carer activities	559	3,415
	308,066	118,826

Surplus/(Deficit) for the Year	(151,818)	266,964
---------------------------------------	------------------	----------------

Reconciliation of transfer of operating deficit from Grants

DADHC Core/Admin Grant	–	47,959
DHA Carer NCCP Project	–	(40,234)
DADHC Young Carers Project	3,746	–
DOH – Peak grant	3,935	14,036
Relocation deficit	–	22,721
Carers Australia – CISP	8,893	–
DADHC Training	1,327	–
DADHC Carers week	152	–
	18,053	44,482



CARERS NEW SOUTH WALES INCORPORATED

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30TH JUNE 2007

1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These accounts are special purpose accounts prepared in order to satisfy the requirements of the Associations Incorporation Act of New South Wales 1984.

The accounts are prepared on an accruals basis and in accordance with the historical cost convention.

The following specific accounting policies which are consistent with the previous period, unless otherwise stated, have been adopted in the preparation of the Association's financial statements.

The Board of Management have determined that the accounting policies adopted in Note 1 are appropriate to meet the needs of the members.

(a) Grants for the acquisition of fixed assets

Grants for the acquisition of fixed assets and equipment are recognised in the period when the related expenditure occurred.

Fixed assets and equipment acquired from Grants received are expensed in the period of acquisition.

(b) Other Grants in advance

It is the policy of the Association to bring Grants Received to account during the period they relate, rather than the period in which they were received. However, certain Grants received

during the year, and in prior years, did not have an expiration date, or were not fully expended at 30 June 2007. The balance of grants outstanding/grants in advance at 30 June 2007 are listed in Note 4.

(c) Employee entitlements

Provision is made for the Association's liability for Annual Leave and Long Service Leave arising from the services rendered by employees to year end.

(d) Income Tax

The Association is exempt from paying income tax due to its classification as a charitable institution under S50-5 of the Income Tax Assessment Act (1997).

(e) Depreciation of Fixed Assets

Depreciation has been charged on previously capitalised fixed assets at rates assessed to match the costs of the assets over their economic life.

2. AUTHORITY TO FUNDRAISE

"Carers NSW Inc." did not participate in any fundraising activities under the Charitable Fundraising Act 1991 during the financial year ended 30 June 2007.

3. SUNDRY CREDITORS & ACCRUALS

	2007	2006
	\$	\$
Trade creditors	164,322	125,039
Accruals	55,996	136,959
Payroll deduction payable	24,046	699
Carer Respite Centre account	26,774	-
Other	1,008	1,064
	272,146	263,761

4. GRANTS IN ADVANCE

	2007	2006
	\$	\$
Unexpended grants at 30 June 2007		
Department of Ageing, Disability & Homecare – HACC Grant	7,315	-
Department of Ageing, Disability & Homecare – Older Parent Care Tool Kit Project	150,000	-
Department of Ageing, Disability & Homecare – one-off CALD	102,347	-
Carers Australia – CCRC	3,348	-
Carers Australia – NCCP	20,470	-
Carers Australia – Young Carers	7,348	-
NSW Department of Health – Family & Carers Mental Health Program	13,745	-
NSW Department of Health – Family & Carers Mental Health Program Stage 2	255,271	-
NSW Department of Health – Family & Carers Mental Health Program Stage 2 set-up	83,770	-
Department of Health & Ageing – Palliative Care Project stage 2	-	12,758
FACS Young Carers Project	-	6,176
Thyne Reid Foundation	-	38,792
Uniting Care CIRC Project	-	25,079
	643,614	82,805

In addition, certain Grants were received prior to their commencement date. These receipts have also been included in Grants in Advance as follows:

Department of Ageing, Disability & Homecare – one-off CALD printing & database	9,800	109,800
Department of Ageing, Disability & Homecare - Carers Week & Hidden Carers	-	70,000
NSW Department of Health – Family & Carers Mental Health Program	-	240,000
Department of Ageing, Disability & Homecare – Older Parent Carer Project	2,440,000	-
	3,093,414	502,605

5. RECEIVABLES

Grant Funds and other outstanding debts not received prior to the end of the financial year for:

Receivables	189,995	70,675
Accrued interest on investment	15,846	3,130
Membership renewals	-	1,064
Sundry debtors	6,179	-
	212,020	74,869

6. CASH AT BANK

Bank – Operating	75,490	123,120
Bank – Donations	33,313	-
	108,803	123,120

7. SPECIFIC DONATIONS

Macquarie Bank Foundations	84,580	100,000
Young Carers specific	4,380	-
	88,960	100,000



CARERS NEW SOUTH WALES INCORPORATED

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30TH JUNE 2007

**NSW DEPARTMENT OF AGEING, DISABILITY & HOME CARE
HACC SALARIES & ADMINISTRATION GRANT**

	2007	2006
	\$	\$
Grant Received	535,835	517,777
Interest Received	1,000	1,000
Miscellaneous consultancy fee	-	10,400
Workers Compensation payments received	-	7,549
	536,835	536,726
Less: Expenditure		
Administration	34,606	27,604
Audit Fees	2,343	1,119
Carer/Volunteer Expenses & Insurance	4,340	5,674
Equipment & Maintenance	6,160	2,421
Newsletter Printing	53,329	54,343
Provision for Leave	-	(14,883)
Rent	89,970	80,720
Employee related costs	336,716	436,352
Travel	2,056	4,037
	529,520	597,387
Surplus/(Deficit) for the year	7,315	(60,661)
Transferred from Grants in Advance	-	12,702
Transferred to General Funds	-	47,959
Transferred to Grants in Advance	(7,315)	-
	NIL	NIL

**NSW DEPARTMENT OF AGEING, DISABILITY & HOME CARE
ONE-OFF GRANTS – TRANSLATION PROJECT**

	2007	2006
	\$	\$
DADHC Grant – One off Grant (paid in advance)	-	9,800
DADHC Grant – One off Grant (paid in advance)	-	100,000
Interest Received	4,500	-
	4,500	109,800
Less: Expenditure		
Employee related costs	2,153	-
	2,153	-
Surplus/(Deficit) for the year	2,347	109,800
Transferred from Grants in Advance	100,000	-
Transferred to Grants in Advance	(102,347)	(109,800)
	NIL	NIL

**NSW DEPARTMENT OF AGEING, DISABILITY & HOME CARE
ONE-OFF GRANTS – TRAINING PROJECT**

	2007	2006
	\$	\$
Grant Received	107,640	-
	107,640	-
Less: Expenditure		
Administration	3,737	-
Audit Fees	328	-
Consultant costs	77,934	-
Equipment	446	-
Rent	503	-
Printing, stationery & postage	1,174	-
Telephones	478	-
Employee related costs	23,703	-
Travel	664	-
	108,967	-
Surplus/(Deficit) for the year	(1,327)	-
Transferred to General Funds	1,327	-
	NIL	NIL

**NSW DEPARTMENT OF AGEING, DISABILITY & HOME CARE
OLDER PARENT CARE TOOL KIT PROJECT**

	2007	2006
	\$	\$
Grant Received	150,000	-
	150,000	-
Less: Expenditure		
Surplus/(Deficit) for the year	150,000	-
Transferred from Grants in Advance	(150,000)	-
	NIL	NIL

**COMMONWEALTH DEPARTMENT OF HEALTH & AGEING/DADHC
NATIONAL CARERS WEEK & HIDDEN CARER CAMPAIGN**

	2007	2006
	\$	\$
DADHC one-off grant	-	42,000
DADHC one-off grant – paid in advance	-	70,000
	-	112,000
Less: Expenditure		
Contract staff	-	9,697
Postage	-	1,469
Promotion	-	6,486
National Carers Week expenses	-	26,188
	-	43,840
Surplus/(Deficit) for the year	-	68,160
Transferred from Grants in Advance	-	1,840
Transferred to Grants in Advance	-	(70,000)
	NIL	NIL

**NSW DEPARTMENT OF AGEING, DISABILITY & HOME CARE
ATSI CAMPS – CARERS WEEK 2006**

	2007	2006
	\$	\$
DADHC one-off grant	70,000	-
	70,000	-
Less: Expenditure		
Administration	8,681	-
Media/PR consultancy	1,950	-
Newsletter Printing	2,204	-
Carers Week activities	36,677	-
Employee related costs	20,641	-
	70,153	-
Surplus/(Deficit) for the year	(153)	-
Transferred to General Funds	153	-
	NIL	NIL

**NSW DEPARTMENT OF AGEING, DISABILITY & HOME CARE
YOUNG CARERS PROJECT**

	2007	2006
	\$	\$
DADHC Grant	214,188	207,346
Interest	750	250
Workers compensation payments	-	7,166
Donations & Young Camp contributions	5,131	-
	220,069	214,762
Less: Expenditure		
Audit Fees	952	774
Administration	13,136	6,205
Equipment	1,458	662
Office rent and maintenance	17,375	13,785
Quarterly newsletter	10,208	16,878
Employee related costs	154,089	153,564
Stationery/Printing/Postage	1,180	6,472
Telephone/Teleconferencing	1,980	2,906



CARERS NEW SOUTH WALES INCORPORATED

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30TH JUNE 2007

Travel Expenses	3,713	1,548
Young Carer Camp/Activities	19,723	15,020
	223,814	217,814
Surplus/(Deficit) for the year	(3,745)	(3,052)
Transferred from Grants in Advance	-	3,052
Transferred to General Funds	3,745	-
	NIL	NIL

**NSW DEPARTMENT OF HEALTH
PEAK FUNDING**

	2007	2006
	\$	\$
Dept. of Health Grant	334,300	323,600
Conference registrations	51,132	-
Workers Compensation payments	-	16,193
Interest	1,000	1,250
	386,432	341,043
Less: Expenditure		
Administration	8,839	4,857
Audit fees	996	1,147
Carer & Service Provider training expenses	377	7,961
Conference expenses	43,027	23,419
Consultancy fees	2,011	2,811
Printing/stationery/postage	16,917	9,908
Rent and maintenance	17,442	14,100
Resources & subscriptions	2,103	2,448
Employee related costs	282,893	285,126
Telephone	3,162	2,875
Travel	12,600	5,486
	390,369	360,138
Surplus/(Deficit) for the year	(3,935)	(19,095)
Transferred from Grants in Advance	-	5,059
Adjusted Surplus/(Deficit)	(3,935)	(14,036)
Transferred to General funds	3,935	14,036
	NIL	NIL

**NSW DEPARTMENT OF HEALTH
FAMILY & CARERS MENTAL HEALTH PROGRAM**

	2007	2006
	\$	\$
Interest	-	500
DOH grant	540,000	375,000
SWSAHS Grant	5,000	-
	545,000	375,500
Less: Expenditure		
Administration costs	35,158	5,615
Audit Fees	3,186	874
Equipment maintenance	48,903	12,717
Evaluation & other consultancies	20,990	18,963
Program activities, training	1,323	14,429
HO & regional office rent & maintenance	72,700	28,338
Newsletter	13,193	2,853
Employee related costs	506,542	275,375
Stationery/Printing/Postage	18,030	9,685
Telephone	8,511	4,886
Travel	42,717	8,764
	771,253	382,499
Surplus/(Deficit) for the year	(226,253)	(6,999)
Transferred from Grants in Advance	240,000	6,999
Adjusted Surplus/(Deficit) for the year	13,747	-
Transferred to Grants in Advance	(13,747)	-
	NIL	NIL

**NSW DEPARTMENT OF HEALTH
FAMILY & CARERS MENTAL HEALTH PROGRAM**

	2007	2006
	\$	\$
DOH Grant – 2006/07 grant paid in advance	-	240,000
	-	240,000
Less: Expenditure		
Surplus/(Deficit) for the year	-	-
Transferred to Grants in Advance	-	(240,000)
	NIL	NIL

**NSW DEPARTMENT OF HEALTH -
SOUTH EASTERN SYDNEY ILLAWARRA AREA HEALTH SERVICE
WORKING WITH HEALTH PROFESSIONALS GRANT**

	2007	2006
	\$	\$
Grant	3,900	3,800
	3,900	3,800
Less: Expenditure		
Employee related costs	3,900	3,800
	3,900	3,800
Surplus/(Deficit) for the year	-	-
	NIL	NIL

**NSW DEPARTMENT OF HEALTH
FAMILY & CARERS MENTAL HEALTH PROGRAM STAGE 2**

	2007	2006
	\$	\$
DOH grant	281,250	-
	281,250	-
Less: Expenditure		
Administration costs	2,179	-
HO & regional office rent & maintenance	3,106	-
Recruitment costs	20,693	-
	25,978	-
Surplus/(Deficit) for the year	255,272	-
Transferred to Grants in Advance	(255,272)	-
	NIL	NIL

**NSW DEPARTMENT OF HEALTH
FAMILY & CARERS MENTAL HEALTH PROGRAM
STAGE 2 SET-UP COSTS**

	2007	2006
	\$	\$
DOH grant	105,000	-
	105,000	-
Less: Expenditure		
Equipment maintenance	21,105	-
Travel	125	-
	21,230	-
Surplus/(Deficit) for the year	83,770	-
Transferred to Grants in Advance	(83,770)	-
	NIL	NIL



CARERS NEW SOUTH WALES INCORPORATED

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30TH JUNE 2007

CARERS AUSTRALIA

(FORMALLY FROM COMMONWEALTH DEPARTMENT OF HEALTH AND AGEING)
CARER RESOURCE CENTRE

	2007	2006
	\$	\$
Grant	390,348	382,704
Interest	1,000	875
Publications & training	-	121
	391,348	383,700
Less: Expenditure		
Direct service delivery		
Salaries, superannuation, salary on-costs	201,727	253,584
Office rental, maintenance	45,384	32,481
Insurance (PI)	-	400
Travel/steering committee expenses	683	4,077
Professional development, subscriptions)	6,046	4,268
Telephone, 1800 Freecall service, Talklink programs	9,422	6,550
Client aids and equipment	1,022	-
Advisory, working party expenses	12,701	3,178
Printing of resources, fact sheets, directories, postage	15,029	7,611
Postage	9,779	-
Administration costs		
Management costs	85,707	71,551
Promotion	500	-
	388,000	383,700
Surplus/(Deficit) for the year	3,348	-
Transferred to Grants in Advance	(3,348)	-
	NIL	NIL

CARERS AUSTRALIA

(FORMALLY FROM COMMONWEALTH DEPARTMENT OF HEALTH AND AGEING)
CARER INFORMATION & SUPPORT PROGRAM

	2007	2006
	\$	\$
Grant	369,834	362,580
Interest	1,000	625
	370,834	363,205
Less: Expenditure		
Direct service delivery		
Salaries & wages	206,592	236,596
Office rental & maintenance	44,421	30,116
Insurance (PI)	-	400
Travel/steering committee expenses	213	3,047
Professional development, subscriptions	-	2,508
Telephone, 1800 Freecall service, Talklink programs	8,891	7,141
Advisory, working party expenses	960	544
Printing of resources, fact sheets, directories, postage	22,703	27,837
Postage	12,637	-
Client aids and equipment	2,099	-
Administration costs		
Management costs	81,211	55,016
	379,727	363,205
Surplus/(Deficit) for the year	(8,893)	-
Transferred to General funds	8,893	-
	NIL	NIL

CARERS AUSTRALIA

(FORMALLY FROM COMMONWEALTH DEPARTMENT OF HEALTH AND AGEING)
NATIONAL CARERS COUNSELLING PROGRAM

	2007	2006
	\$	\$
Grant	843,511	690,816
Interest	2,000	2,500
	845,511	693,316
Less: Expenditure		
Direct service delivery		
Salaries, superannuation, salary on-costs	306,061	257,912
Office rental, maintenance	19,136	22,843
Insurance (PI)	-	1,750
Travel/steering committee expenses	130	1,951
Professional development, subscriptions)	-	5,282
Telephone, 1800 FreeCell service	7,678	5,087
Advisory, working party expenses	181	568
Counsellor training program	-	7,044
Brokered services	340,314	289,785
Consultants/review	18,000	-
Printing & postage	10,595	-
Client aids and equipment	4,998	-
Administration costs		
Management costs	116,108	60,860
Legal costs	1,840	-
	825,041	653,082
Surplus/(Deficit) for the year	20,470	40,234
Transferred to General Funds	-	(40,234)
Transferred to Grants in Advance	(20,470)	-
	NIL	NIL

CARERS AUSTRALIA

(FORMALLY FROM COMMONWEALTH DEPARTMENT OF HEALTH AND AGEING)
YOUNG CARERS PROJECT

	2007	2006
	\$	\$
Grant	78,125	73,750
Additional postage grant	-	11,435
Interest received	250	150
	78,375	85,335
Less: Expenditure		
Direct service delivery		
Salaries & wages	43,803	45,319
Office rental & maintenance	5,117	4,000
Insurance (PI)	-	300
Travel/steering committee expenses	-	26
Professional development, subscriptions	-	395
Young Carer Kit postage	-	5,810
Website development	628	4,626
Young Carer activities	4,405	8,544
Telephones	716	-
Postage & printing	4,361	-
Client aids and equipment	390	-
Administration costs		
Management costs	17,783	10,414
	77,203	79,434
Surplus/(Deficit) for the year	1,172	5,901
Transferred from Grants in Advance	6,176	275
Transferred to Grants in Advance	(7,348)	(6,176)
	NIL	NIL



CARERS NEW SOUTH WALES INCORPORATED

NOTES TO AND FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 30TH JUNE 2007

**THYNE REID FOUNDATION
YOUNG CARER CAMPS**

	2007	2006
	\$	\$
Thyne Reid Donation	–	50,000
	–	50,000
Less: Expenditure		
Audit Fees	151	74
Employee related costs	3,846	–
Travel	5,051	–
Stationary	522	–
Young Carer Camp expenses	29,222	31,664
	38,792	31,738
Surplus/(Deficit) for the year	(38,792)	18,262
Transferred from Grants in Advance	38,792	20,530
Transferred to Grants in Advance	–	(38,792)
	NIL	NIL

**COMMONWEALTH DEPARTMENT OF HEALTH AND AGEING
CARING COMMUNITIES - PALLIATIVE CARE PROJECT - STAGE 1**

	2007	2006
	\$	\$
Dept. of Health and Ageing one-off Grant	–	27,000
	–	27,000
Less: Expenditure		
Audit Fees	–	1,074
Equipment Purchase & maintenance	–	4,170
Provision for Leave	–	968
Rent/maintenance	–	1,819
Salaries, Superannuation salary On-costs	–	42,788
Training and partnerships	–	930
	–	51,749
Surplus/(Deficit) for the year	–	(24,749)
Transferred from Grants in Advance	–	24,749
	NIL	NIL

**COMMONWEALTH DEPARTMENT OF HEALTH AND AGEING
CARING COMMUNITIES - PALLIATIVE CARE PROJECT - STAGE 2**

	2007	2006
	\$	\$
Dept. of Health and Ageing one-off Grant	36,958	32,331
	36,958	32,331
Less: Expenditure		
Management costs	10,400	561
Equipment Purchase & maintenance	–	4,985
Rent/maintenance	3,067	463
Employee related costs	20,874	13,565
Postage and stationery	935	–
Fee for service	9,445	–
Venue hire & catering	176	–
Printing	1,200	–
Telephones	1,382	–
Audit fees	1,084	–
Travel	1,152	–
	49,715	19,574
Surplus/(Deficit) for the year	(12,757)	12,757
Transferred to Grants in Advance	–	(12,757)
Transferred from Grants in Advance	12,757	–
	NIL	NIL

**UNITED CARE
CARERS INCLUSION IN RESIDENTIAL CARE PROJECT (CIRO)**

	2007	2006
	\$	\$
Uniting Care	23,227	34,840
Other income	995	–
	24,222	34,840
Less: Expenditure		
Management costs	11,590	918
Equipment, set-up	–	1,130
Office rent and maintenance	1,760	550
Travel	2,267	324
Employee related costs	37,259	17,775
Telephones	218	–
Printing, stationery & postage	2,385	–
	55,479	20,697
Surplus/(Deficit) for the year	(31,257)	14,143
Transferred from Grants in Advance	25,079	10,936
Transferred to Grants in Advance	–	(25,079)
Transferred to Sundry Debtors	6,178	–
	NIL	NIL

**STREETWISE GRANT
YOUNG INDIGENOUS**

	2007	2006
	\$	\$
Grant	2,273	–
Other income	–	–
	2,273	–
Less: Expenditure		
Employee related costs	2,273	–
	2,273	–
Surplus/(Deficit) for the year	NIL	NIL

**MACQUARIE BANK FOUNDATIONS – SPECIFIC DONATION
ETHICS OF CARING**

	2007	2006
	\$	\$
Macquarie Bank Foundation	–	100,000
	–	100,000
Less: Expenditure		
Employee related costs	3,578	–
Consultants costs	11,394	–
Minor expenses	448	–
	15,420	–
Carried forward balance	100,000	–
Balance - Specific donation	84,580	100,000

OFFICE RELOCATION

	2007	2006
	\$	\$
DADHC Grant – One off Grant	–	31,200
Energy Australia contribution	–	198,141
	–	229,341
Less: Expenditure		
Relocation costs	–	252,063
	–	252,063
Surplus/(Deficit) for the year	–	(22,722)
Transferred to General Funds	–	22,722
	NIL	NIL



Donors

Individuals

G Abrego
 Libby Anderson
 George M Armstead
 GM Armstead
 E Armstrong
 Alison Arnott
 Janet Austin
 Annette Baggie
 S M Bard
 S Bard
 Carol L Barrer
 PM & RG Barrett
 Elisabeth Barry
 B & E Batt
 P J Baume
 Virginia Biasotto
 George M Boffa
 Rhorda Bolden
 Norma Bond
 Naen Braithwaite
 M Broadfoot
 Marianne Bush
 F & S Bushnell
 John T Cameron
 V Camilleri
 Clarrie Chang
 D Chapman
 V Claringboli
 Jennifer H Clarke
 Pat Cleggett
 R Clements
 Veronica Clements
 Raymond Cluett
 A Compton
 J M Cook
 V K Corah
 Hyrette C Corrigan
 C Costello
 M J Cott
 Tina J Courtenay
 Shirley Cripps
 Margaret Cunningham

Ern Dankley
 N J Davies
 Cheryl Davies
 Frank De Rosa
 B & B J Dignum
 Sandra Dodwell
 J A Douglas
 Hynre J Dunn
 Q A Duong
 J B Edwards
 Brenda Elford
 DH Evans

 T Falvivine
 M L Ferla
 Diana Finlay
 Ian W Fitzpatrick
 G R Fogarty
 Murier Foster
 D & S Foufas
 CL French
 Brian Fulton-Kennedy
 Anne Gahbraith
 R E Gardiner
 W N Garlick
 J E Geldard
 Lee Gemmell
 P R Gibb
 Mr Girgis
 Joyce Goddard
 Sandy Gray
 Leah Gregory
 Cynthia Griffiths
 DB & RL Guest
 O Gumb
 HP Harding
 R Harrison
 Leonard Hastings Smith
 SM & LS Hely
 Ian Hewitt
 G G Hitchcock Janelle
 Hoban

T Hockey
 Kerry Holmes
 Rona Hoysted
 N L Hunt
 J Ince
 P James
 M A Johnston
 Mahh Juske
 Kathleen Keats
 Irmingard M Keck
 R Kedzlie & M Kedzlie
 T King
 I D Knight
 N A Kringas
 Nick Kringas
 S A Lasky
 Margaret Lawrence
 Merv Laybutt
 M Layton
 MM Layton
 Rowan Leavold
 Robin Leech
 Mary A Lemmens
 Jeanette Lewis
 Stanley F Lildes
 E Lindsay
 B Lonergan
 R J Madigan
 Patricia Manderson
 FA & LL Mansfield
 M Markham
 Faye Markopoulo
 Joy Marsh
 DK and BP Martin
 G Martin
 Rae Mashford
 Stephen J Mason
 Patricia McAleer
 A McCartney
 D & G McDonald
 Kathleen McDonald
 Christine McKinnon
 Jacqueline McRae
 A G & S E Mitchell
 Joyce Morris
 S Morris
 Mohan S Murthy
 V & CC Neary

SJ & MA Neilson
 L M & E J O'Farrell
 S Ogonowski
 Juliet Ooshana
 Davina Owens
 Maria Paris
 A Parry
 Roxanne L Parry
 M E & L G Parsons
 J Parsons
 Patricia Pascoe
 Elwyn Pattenden
 E D Pedro
 Barbara Phelps
 Glyris Pogson
 Pamela Point
 Robin Porter
 George L Pound
 Mr Hugo Prandler
 Vivienne Pusy
 V & U Ramasubramanian
 Alison Reid
 K H Reid
 B G & F I Rich
 John Richardson
 H W Roberts
 K Rohrlach
 Judith A Rowland
 Christina Ruting
 Edward G Sadler
 Clestina Saenz
 Verna Scalley
 Reg Schurr
 Joan M Scott
 B & L Searles
 Geoffaey D Seddon
 CT & BJ Semmler
 Praksah Sharma
 DJ Simpson
 J & E R Sitku
 Teresa Skezypczyk
 Julie Skuja
 J & M Small
 Cecile A Smart
 Roger Smith
 Bill Stewart
 Noreen Supple
 Leouie Swan



P A Sweet
Indira Thakorlal
S H Thomas
F M Thompson
Carolyn Turner
Ewa Urbaniak
E A & I R Uren

Peter J Uren
PM Van Schaik
Del Vecchio
Denise Wagner
JJ Wailes
Jean Walmsley
J S Ward

Yvonne Warren
Rosemary Waterman
J G & R Watson
Jodi D Watts
Agres Webb
G K and P Webster
E V Williams

RG & JA Wilson
GN Winton
E P Woodford
Stephanie Wright

Acknowledgements

Carers NSW gratefully acknowledges the following organisations and government departments for their financial or in kind support during 2006–2007:

Australian Government
Australian Unity Foundation
Balgowlah Golf Club - Lady Members
Bell Shakespeare Company
Coffs Harbour Carers Support Group
CUA
Eastern Suburbs League Club
Lifework Foundation
Macquarie Bank Foundation
McNair Ingenuity Research P/L
Motor Accidents Authority
North Coast Area Health Service
Northryrie Pty Ltd
NSW Dept of Ageing, Disability & Home Care
NSW Dept of Health
NSW Dept of Health through the Mental Health & Drug & Alcohol Office
Pacific Opera
Rotary Club of Hawkesbury
Rotary Club of Lower Blue Mountains
Rotary Club of Parramatta Daybreak
Rotary Club of Penrith
Rotary Club of Richmond
Rotary Club of South Sydney
Rotary District 9690
Social Policy Research Centre, UNSW
South East Sydney Commonwealth Carer Respite & Carelink Centre
St Georges League Club
St Michael's Golf Club

The Perpetual Foundation within The Hamilton Foundation
The University of NSW
Thyne Reid Foundation
Uniting Care Ageing – Sydney Region
Wagga Wagga Carers Group
Women's Golf New South Wales Inc

Motor Accidents Authority – Carers Linked in Caring Project

The Motor Accidents Authority of NSW (MAA) funded Carers NSW to conduct the Carers Linked in Caring Project (CLIC) – a support program for carers of people with traumatic brain (TBI) or spinal cord injury (SCI). CLIC was designed to provide appropriate carer-specific information and support to carers of people with TBI or SCI who had been discharged from rehabilitation for at least one year. In this case, appropriate support included information relevant to all carers, as well as specific types of information and support targeting the issues most commonly faced by carers of people with TBI or SCI.



Partnerships and committees

Staff, Board members and volunteers represent Carers NSW on various committees, forums and conferences to raise awareness of carers and ensure their issues are placed on the policy agenda.

Over the year, our existing partnerships have continued while new partnerships have been formed.

Committees/key meetings

Aboriginal Disability Network
Australian National Young Carers Action Team (ANYSAT)
Australian Research Council (ARC) Young Carer Linkage Project
Baptist Community Services Dementia Care Steering Committee
Culturally & Linguistically Diverse (CALD) Carers Partnership Initiative Advisory Committee
Camp Kookaburra Steering Committee
CanRevive Carer Project Advisory Committee
The Carers Coalition (hosted by Carers NSW)
Carers in the Workplace Consortium
Carers NSW Young Carer Advisory Committee
CASS - Carer Support Project Advisory Committee
Centre for Mental Health – Family & Carers Strategic Working Group
Centre for Rural & Remote Mental Health – Mental Health Skills Training for General Practitioners Planning Committee
Centre for Rural & Remote Mental Health – Community Advisory Committee
Department of Ageing, Disability & Home Care (DADHC) Better Together Briefing
DADHC CALD Reference Group
DADHC Planning for Later Life Forum
Ethics of Caring Project Steering Committee
Family & Carer Mental Health Program (FCMHP) NGO Link-Up
Family & Carer Mental Health Program (FCMHP) Statewide Steering Committee
Multicultural Carers Alliance
Muscular Dystrophy Association of NSW – Carer Project Advisory Committee
NCOSS Health Policy Advisory Group
NSW Aboriginal Community Care Gathering Committee
NSW Aged Care Alliance, convened by NCOSS

NSW Alliance of Divisions of GP Population Health Network
NSW & ACT Commonwealth Carer Respite & Carelink Centres Managers Meeting
NSW Chronic Illness Alliance
NSW Forum of Non-Government Agencies, convened by Council of Social Service of New South Wales (NCOSS)
NSW HACC Issues Forum, convened by NCOSS
NSW Health - NSW Carers Advisory Group
NSW Health - Palliative Care Advisory Group
NSW Health - Primary & Community Health Advisory Committee
NSW Justice Health (Forensic Unit) – Family & Carer Steering Committee
NSW Ombudsman – Disability Roundtable
Older Parent Carer Roundtable
Orana Community Services Forum
Practitioners Planning Committee
Western Disability Services Network

Partnerships

ARAFMI
Carer Assist
Carers Victoria & beyondblue – resources for carers of people with depression & anxiety project
Commonwealth Carer Respite Centres
DADHC & Streetwise - development of a comic magazine resource for Aboriginal young carers
DADHC – development of resources for Aboriginal families & carers caring for child with a disability
Greater Western Area Health Service
North Coast Area Health Service
Siblings Symposium & Siblings Network
South Eastern Sydney & Illawarra Area Health Service
Uniting Care MH



Location of Carers NSW offices



REGIONAL OFFICES

- 1 North Coast Area Health Service – ALSTONVILLE**
 C/- Commonwealth Carer Respite Centre
 IPO Box 7391 Shop 34, Alstonville Plaza,
 Alstonville NSW 2477
 Ph: (02) 6620 4090 • Fax: (02) 6628 7462
- 2 South Eastern Sydney/Illawarra Area Health Service – BULLI**
 Bulli Community Centre
 328 Princes Highway, Bulli NSW 2516
 Ph: (02) 4285 0155 • Fax: (02) 4285 1048
- 3 North Coast Area Health Service – COFFS HARBOUR**
 1/1 Duke Street
 Coffs Harbour NSW 2450
 Ph: (02) 6650 0512
- 4 Greater Western Area Health Service – DUBBO**
 Rm 12, Norton Unit,
 Lourdes Hospital
 Cobborah Rd, Dubbo NSW 2830
 Ph: (02) 6884 7200 • Fax: (02) 6885 5661
- 5 South Eastern Sydney/Illawarra Area Health Service – NOWRA**
 East Nowra Neighbourhood Centre
 Cottage 2, 80 Park Road, East Nowra NSW 2541
 Ph: (02) 4422 6514 • Fax: (02) 4421 8239
- 6 Greater Western Area Health Service – ORANGE**
 Centre for Rural & Remote Mental Health
 Bloomfield Hospital, Forest Road
 Orange NSW 2800
 Ph: (02) 6360 7890 • Fax: (02) 6361 2457
- 7 South Eastern Sydney/Illawarra Area Health Service – SYDNEY**
 Roden Cutler House
 Level 18, 24 Campbell Street, Sydney NSW 2000
 Ph: (02) 9280 4744 • Fax: (02) 9280 4755
- 8 North Coast Area Health Service - TWEED HEADS**
 C/- Community Mental Health Services
 Tweed Heads Hospital
 Powell Street, Tweed Heads NSW 2485
 Ph: (07) 5599 2141
- 9 North Coast Area Health Service – WAUCHOPE**
 3 Waugh St, Wauchope NSW 2446
 Ph: (02) 6585 1600 • Fax: (02) 6586 1700



Volunteers

Without our volunteers, Carers NSW could not operate as efficiently as it does. As in previous years, their dedication and commitment has been outstanding and we sincerely thank each and every one of our volunteers.

Young carer camp leaders

Camp Rathane – April 2007

Rebecca Addison – young carer camp leader

Stuart Binney – young carer camp leader

Ildi Bond – young carer camp leader

Vanessa Corbridge – young carer camp leader

Tricia Dearden – young carer camp leader

Matthew Degregario – young carer camp leader

Lorna Downes – work it out! facilitator

Amber Figura – girls village leader

Raymond Hicks – young carer camp leader

Lyndsay Lowe – young carer camp leader

Narelle Mackander – work it out! facilitator

Bart Madden – young carer camp leader

Heidi Newbery – work it out! facilitator

Liza Pereira – young carer camp leader

Vincent Pollaers – young carer camp leader

Matthew Russell – camp nurse

Matthew Wade – boys village leader

Camp Blue Gum – October 2006

Rebecca Addison – young carer camp leader

Alexandra Arnold – young carer camp leader

Ildi Bond – young carer camp leader

Heather Coull – young carer camp leader

Lorna Downes – chat group facilitator

Amber Figura – young carer camp leader

Colin Goddard – chat group facilitator

Michelle Jombwe – young carer camp leader

Therese Kelly – young carer camp leader

Kelly King – young carer camp leader

Narelle Macklander – chat group facilitator

Bart Madden – young carer camp leader

Paula Mijares – young carer camp leader

Pieter Morssink – young carer camp leader

Sonya Nader – chat group facilitator

Katherine Pitkethly – chat group facilitator

Mathew Russal – camp nurse

Nicholas Szafraniec – young carer camp leader

Governor General's Christmas Party 2006

Rebecca Addison – leader

Bart Madden – leader

Sonya Nader – leader



Carers NSW volunteers

Clem Barrack	<i>Carers News</i> mailout Other mailouts	Helen O'Doherty	Kit preparation Collating/folding brochures/shredding General assistance <i>Carers News</i> mailout
Jenny Coluccio	Kit preparation	Marie Shipway	Preparation and distribution of kits and other information Photocopying fact sheets Printing service directories
Nina Crown	Membership updates Financial – accounts Donations, <i>Carers News</i> Data entry Updating and maintenance, service provider database	Dwaine Shrigley	Preparation of kits
Carmen Foley	<i>Carers News</i> mailout	Elaine Stansfield	<i>Carers News</i> mailout Other mailouts
Jean Foxover	<i>Carers News</i> mailout	Mary Stathis	Preparation and distribution of kits and other information
Mary Galanos	Updating and maintenance, service provider & NCCP database Filing	Julia Wilcox	<i>Carers News</i> mailout
Wendy Hine	<i>Carers News</i> mailout Other mailouts		
Ian Kirkham	Preparation & distribution of kits Brochure management/ maintenance Filing/collating/folding brochures <i>Carers News</i> mailout Other mailouts		
Joy Knappick	<i>Carers News</i> mailout Other mailouts		
Irene Lam	<i>Carers News</i> mailout Updating and maintenance, service provider database		
Barbara Lee	<i>Carers News</i> mailout		
Bart Madden	<i>Carers News</i> mailout <i>Young Carer News</i> mailout Other mailouts		



*Carers NSW volunteers
Nina Crown and Bart Madden*



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