

BENEFITS AND CHALLENGES OF WORKING IN AGED CARE FOR CARERS

If you are a carer and you are thinking about entering or re-entering the paid workforce in the aged care sector, below are some benefits and challenges you may want to consider when deciding if working in aged care is right for you.

BENEFITS	CHALLENGES
Flexible or varied hours	Supporting people who may be isolated or lonely
Growing demand for aged care workers	Shifts may be short or change at late notice based on client preferences
Opportunities for training and development	Lower pay than other sectors
Opportunities to work directly with people	Potential challenges maintaining personal boundaries
Large variety of roles, from personal care to office work, IT, cooking or recreation	Opportunities to work within a team may not be available in all roles
Helping others can be meaningful and impactful	Supporting people who are experiencing decline or at end of life
Roles are widely available across metro and regional areas	Negative perceptions about aged care workers in the media

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