

# 5 THINGS CARERS SHOULD KNOW ABOUT WORKING IN AGED CARE



## You don't always need a Formal qualification

While some roles in aged care will require you to have qualifications, not all roles do. You may also be able to work in aged care at the same time as you are getting these qualifications. Additionally, while some roles may require you to have a drivers licence, there may be roles that do not.



## Caring skills can be Transferrable

The skills you have developed during your caring role may have provided you with a well-rounded understanding of the aged care system and may therefore be transferrable to many roles within the aged care sector. These diverse roles range from direct care roles to hospitality, administration, health, finance, IT, management and professional services roles.

## Location and hours can be Flexible between roles

There are many different roles in aged care which provide varying levels of flexibility in the hours, location or setting you may work in. For example, certain roles may allow for short shifts spread across days or nights when you are available. Other roles may include longer blocks during business hours. Direct care may require in person work across the community. Roles in administration or management may be able to done in an office or from home.



## Formal and informal caring Can be different

Working in aged care can be different than providing informal care to a family member or friend. Working in aged care may require you to do things in a structured and pre-defined way and to set professional boundaries with the older people you support.

## Supporting the ageing journey Can be rewarding

Working in aged care provides you with opportunities to support people who are ageing to age well and to provide them with care and support on their ageing journey. You may also meet like-minded people and build new professional networks.

