



Use your voice to speak up for all carers

Join the Carer Representation Program

The Carers NSW Carer Representation Program provides opportunities for carers* to use their lived experience to speak up for the needs of all carers in NSW.

Carers NSW Carer Representatives receive support to use and develop their skills in opportunities that interest them, such as:

- participating in consultations and focus groups
- providing feedback on services and resources
- being a part of advisory groups and committees
- sharing their story in publications and videos

An in-person training session is coming up on Wednesday 20 November 2024 from 10:00am to 1:30pm, at Carers NSW North Sydney Office.

> To find out more or register your interest, scan the QR code or email: carerrepresentatives@carersnsw.org.au



*A carer is any individual who provides care and support to a family member or friend who lives with a disability, mental illness, alcohol or drug dependency, chronic health condition, terminal illness or who is frail due to age.